## Detailed table of contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foreword to the ninth edition</td>
<td>xv</td>
</tr>
<tr>
<td>Acknowledgements</td>
<td>xvii</td>
</tr>
<tr>
<td>List of contributors</td>
<td>xix</td>
</tr>
<tr>
<td>List of abbreviations</td>
<td>xxiii</td>
</tr>
<tr>
<td>Quick reference to the procedure guidelines</td>
<td>xxvii</td>
</tr>
<tr>
<td>How to use your textbook</td>
<td>xxix</td>
</tr>
<tr>
<td><strong>1 Introduction</strong></td>
<td></td>
</tr>
<tr>
<td>Overview</td>
<td>1</td>
</tr>
<tr>
<td>Evidence-based practice</td>
<td>2</td>
</tr>
<tr>
<td>What is evidence-based practice?</td>
<td>2</td>
</tr>
<tr>
<td>Grading evidence in The Royal Marsden Manual of Clinical Nursing Procedures</td>
<td>3</td>
</tr>
<tr>
<td>Structure of the Manual</td>
<td>3</td>
</tr>
<tr>
<td>Structure of chapters in the student edition</td>
<td>4</td>
</tr>
<tr>
<td>Conclusion</td>
<td>4</td>
</tr>
<tr>
<td>References</td>
<td>5</td>
</tr>
<tr>
<td><strong>Part One</strong></td>
<td></td>
</tr>
<tr>
<td>Managing the patient journey</td>
<td>7</td>
</tr>
<tr>
<td><strong>2 Assessment and discharge</strong></td>
<td>9</td>
</tr>
<tr>
<td>Overview</td>
<td>10</td>
</tr>
<tr>
<td>Definition</td>
<td>10</td>
</tr>
<tr>
<td>Related theory</td>
<td>10</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>11</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>12</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>13</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>17</td>
</tr>
<tr>
<td>Observation</td>
<td>20</td>
</tr>
<tr>
<td>Definition</td>
<td>20</td>
</tr>
<tr>
<td>Discharge planning</td>
<td>21</td>
</tr>
<tr>
<td>Definition</td>
<td>21</td>
</tr>
<tr>
<td>Introduction</td>
<td>21</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>23</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>23</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>23</td>
</tr>
<tr>
<td>Prior to discharge</td>
<td>29</td>
</tr>
<tr>
<td>Discharge at the end of life</td>
<td>29</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>32</td>
</tr>
<tr>
<td>References</td>
<td>34</td>
</tr>
<tr>
<td><strong>Part Two</strong></td>
<td></td>
</tr>
<tr>
<td>Supporting the patient with human functioning</td>
<td>87</td>
</tr>
<tr>
<td><strong>4 Communication</strong></td>
<td>89</td>
</tr>
<tr>
<td>Overview</td>
<td>90</td>
</tr>
<tr>
<td>Communication</td>
<td>90</td>
</tr>
<tr>
<td>Definition</td>
<td>90</td>
</tr>
<tr>
<td>Related theory</td>
<td>90</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>91</td>
</tr>
<tr>
<td>Related theory</td>
<td>91</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>92</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>95</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>98</td>
</tr>
<tr>
<td>Principles of communication</td>
<td>98</td>
</tr>
<tr>
<td>Communicating with those who are worried or distressed</td>
<td>101</td>
</tr>
<tr>
<td>Definition</td>
<td>101</td>
</tr>
<tr>
<td>Related theory</td>
<td>101</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>101</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>101</td>
</tr>
<tr>
<td>Informing patients</td>
<td>103</td>
</tr>
<tr>
<td>Related theory</td>
<td>103</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>103</td>
</tr>
<tr>
<td>Principles of giving information to a patient</td>
<td>103</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>105</td>
</tr>
</tbody>
</table>

## Part Two

### 4 Communication

- **Overview**
- Communication
- Definition
- Related theory
- Anatomy and physiology
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations
- Principles of communication
- Communicating with those who are worried or distressed
- Definition
- Related theory
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations
- Informing patients
- Related theory
- Evidence-based approaches
- Principles of giving information to a patient
- Pre-procedural considerations

### 3 Infection prevention and control

- **Overview**
- Infection prevention and control
- Definitions
- Related theory
- Evidence-based approaches
VIII DETAILED TABLE OF CONTENTS

Communicating with those with specific psychological needs
- Denial and collusion
- Definitions
- Related theory
- Evidence-based approaches
- Anxiety
- Definition
- Anatomy and physiology
- Related theory
- Evidence-based approaches
- Panic attacks (acute anxiety)
- Related theory
- Evidence-based approaches
- Pre-procedural considerations
- Depression
- Definition
- Related theory
- Evidence-based approaches
- Pre-procedural considerations
- Anger, aggression and violence management
- Definition
- Related theory
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations
- Pre-procedural considerations
- Delirium
- Definition
- Related theory
- Evidence-based approaches
- Legal and professional issues
- Post-procedural considerations
- Dementia
- Definition
- Related theory
- Evidence-based approaches
- Legal and professional issues
- Acquired communication disorders
- Definitions
- Related theory
- Evidence-based approaches
- Pre-procedural considerations
- References

5 Elimination

Overview

Normal elimination
- Vomiting
- Definition
- Anatomy and physiology
- Evidence-based approaches
- Insertion of a nasogastric drainage tube
- Legal and professional issues
- Pre-procedural considerations
- Removal of a nasogastric drainage tube
- Urinary elimination
- Definition
- Anatomy and physiology
- Faecal elimination
- Definition
- Anatomy and physiology
- Assisting the patient with elimination

Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations

Altered urinary elimination
- Urinary incontinence
- Related theory
- Evidence-based approaches – penile sheaths
- Pre-procedural considerations
- Urinary catheterisation
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations
- Suprapubic catheterization
- Evidence-based approaches
- Post-procedural considerations

Altered faecal elimination
- Diarrhoea
- Definition
- Related theory
- Pre-procedural considerations
- Constipation
- Definition
- Anatomy and physiology
- Related theory
- Evidence-based approaches
- Enemas
- Definition
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations
- Suppositories
- Definition
- Evidence-based approaches
- Pre-procedural considerations
- Digital rectal examination
- Definition
- Evidence-based approaches
- Legal and professional issues
- Digital removal of faeces
- Definition
- Related theory
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations

Stoma care
- Definition
- Related theory
- Types of stoma
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations
- Post-procedural considerations
- Complications
- References

References

Elimination

Overview

Normal elimination
- Vomiting
- Definition
- Anatomy and physiology
- Evidence-based approaches
- Insertion of a nasogastric drainage tube
- Legal and professional issues
- Pre-procedural considerations
- Removal of a nasogastric drainage tube
- Urinary elimination
- Definition
- Anatomy and physiology
- Faecal elimination
- Definition
- Anatomy and physiology
- Assisting the patient with elimination

Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations

Altered urinary elimination
- Urinary incontinence
- Related theory
- Evidence-based approaches – penile sheaths
- Pre-procedural considerations
- Urinary catheterisation
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations
- Suprapubic catheterization
- Evidence-based approaches
- Post-procedural considerations

Altered faecal elimination
- Diarrhoea
- Definition
- Related theory
- Pre-procedural considerations
- Constipation
- Definition
- Anatomy and physiology
- Related theory
- Evidence-based approaches
- Enemas
- Definition
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations
- Suppositories
- Definition
- Evidence-based approaches
- Pre-procedural considerations
- Digital rectal examination
- Definition
- Evidence-based approaches
- Legal and professional issues
- Digital removal of faeces
- Definition
- Related theory
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations

Stoma care
- Definition
- Related theory
- Types of stoma
- Evidence-based approaches
- Legal and professional issues
- Pre-procedural considerations
- Post-procedural considerations
- Complications
- References

References
6 Moving and positioning

Overview 202
Definition 202
Anatomy and physiology 202
Evidence-based approaches 202
Legal and professional issues 205
Pre-procedural considerations 205
Risk assessment: prevention of falls 206
Definition 206
Risk factors 207
Positioning the patient: in bed 207
Positioning the patient: sitting in bed 208
Evidence-based approaches 209
Positioning the patient: side-lying 209
Positioning the patient: in a chair/wheelchair 212
Pre-procedural considerations 212
Moving the patient from sitting to standing 214
Pre-procedural considerations 214
Walking 214
Definition 215
Anatomy and physiology 215
Evidence-based approaches 215
Definition 216
Evidence-based approaches 216
Legal and professional issues 219
Pre-procedural considerations 219
Post-procedural considerations 220
Definition 220
Anatomy and physiology 220
Evidence-based approaches 220
Positioning to maximize ventilation/perfusion matching 220
Definition 220
Anatomy and physiology 221
Evidence-based approaches 222
Pre-procedural considerations 222
Positioning to minimize the work of breathing 223
Anatomy and physiology 223
Evidence-based approaches 223
Pre-procedural considerations 223
Positioning to maximize the drainage of secretions 226
Anatomy and physiology 226
Pre-procedural considerations 226
Definition 226
Anatomy and physiology 226
Related theory 226
Evidence-based approaches 228
Pre-procedural considerations 228
Post-procedural considerations 231

Moving and positioning of the patient with actual or suspected spinal cord compression or spinal cord injury 231
Definition 231
Anatomy and physiology 231
Related theory 231
Evidence-based approaches 232
Pre-procedural considerations 232
Post-procedural considerations 238
Complications 238
Definition 239
Related theory 239
Evidence-based approaches 239
Pre-procedural considerations 244
Post-procedural considerations 244
Complications 244
References 245

7 Nutrition, fluid balance and blood transfusion

Overview 247
Fluid balance 248
Definition 248
Anatomy and physiology 248
Evidence-based approaches 250
Legal and professional issues 253
Pre-procedural considerations 253
Post-procedural considerations 259
Complications 259
Nutritional status 260
Definition 260
Anatomy and physiology 260
Related theory 261
Evidence-based approaches 263
Post-procedural considerations 266
Provision of nutritional support: oral 266
Evidence-based approaches 266
Legal and professional issues 269
Pre-procedural considerations 269
Post-procedural considerations 271
Definition 271
Evidence-based approaches 271
Enteral tube feeding 273
Definition 273
Related theory 273
Evidence-based approaches 273
Pre-procedural considerations 273
Administration of enteral tube feed 275
Pre-procedural considerations 275
Post-procedural considerations 276
Complications 276
Enteral feeding tubes: administration of medication 277
Evidence-based approaches 277
Pre-procedural considerations 279
Post-procedural considerations 279
Definition 279
Anatomy and physiology 279
Related theory 279
Evidence-based approaches 280
Legal and professional issues 284
Pre-procedural considerations 284
Post-procedural considerations 294
Complications 295
References 301

8 Patient comfort and end-of-life care 305

Overview 306
Personal hygiene 306
Definition 306
Anatomy and physiology 306
Evidence-based approaches 307
Pre-procedural considerations 309
Eye care 315
Definition 315
Anatomy and physiology 315
Related theory 316
Evidence-based approaches 316
Pre-procedural considerations 318
Ear care 324
Definition 324
Anatomy and physiology 324
## Detailed Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Related theory</td>
<td>324</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>325</td>
</tr>
<tr>
<td><strong>Mouth care</strong></td>
<td>326</td>
</tr>
<tr>
<td>Definition</td>
<td>326</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>326</td>
</tr>
<tr>
<td>Related theory</td>
<td>327</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>327</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>329</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>329</td>
</tr>
<tr>
<td><strong>Pain</strong></td>
<td>334</td>
</tr>
<tr>
<td>Definition</td>
<td>334</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>334</td>
</tr>
<tr>
<td>Related theory</td>
<td>335</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>336</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>338</td>
</tr>
<tr>
<td><strong>Pain management</strong></td>
<td>340</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>340</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>342</td>
</tr>
<tr>
<td>Complications</td>
<td>346</td>
</tr>
<tr>
<td><strong>End-of-life care</strong></td>
<td>348</td>
</tr>
<tr>
<td>Definition</td>
<td>348</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>348</td>
</tr>
<tr>
<td>Related theory</td>
<td>348</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>349</td>
</tr>
<tr>
<td>Care before death</td>
<td>349</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>350</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>352</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>356</td>
</tr>
<tr>
<td>Care after death (last offices)</td>
<td>356</td>
</tr>
<tr>
<td>Definition</td>
<td>356</td>
</tr>
<tr>
<td>Related theory</td>
<td>356</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>356</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>360</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>360</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>367</td>
</tr>
<tr>
<td>References</td>
<td>370</td>
</tr>
<tr>
<td><strong>Respiratory care</strong></td>
<td>377</td>
</tr>
<tr>
<td><strong>Overview</strong></td>
<td>378</td>
</tr>
<tr>
<td><strong>Respiratory therapy</strong></td>
<td>378</td>
</tr>
<tr>
<td>Definition</td>
<td>378</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>378</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>380</td>
</tr>
<tr>
<td><strong>Oxygen therapy</strong></td>
<td>380</td>
</tr>
<tr>
<td>Definition</td>
<td>380</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>381</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>381</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>382</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>387</td>
</tr>
<tr>
<td>Complications</td>
<td>387</td>
</tr>
<tr>
<td><strong>Humidification</strong></td>
<td>388</td>
</tr>
<tr>
<td>Definition</td>
<td>388</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>388</td>
</tr>
<tr>
<td>Related theory</td>
<td>388</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>388</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>391</td>
</tr>
<tr>
<td>Complications</td>
<td>391</td>
</tr>
<tr>
<td><strong>High-flow oxygen therapy</strong></td>
<td>391</td>
</tr>
<tr>
<td>Definition</td>
<td>391</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>391</td>
</tr>
<tr>
<td><strong>Tracheostomy and laryngectomy care</strong></td>
<td>393</td>
</tr>
<tr>
<td>Definition</td>
<td>393</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>393</td>
</tr>
<tr>
<td><strong>Cardiopulmonary resuscitation</strong></td>
<td>393</td>
</tr>
<tr>
<td>Definition</td>
<td>393</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>394</td>
</tr>
<tr>
<td>Related theory</td>
<td>394</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>394</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>401</td>
</tr>
<tr>
<td>Tracheostomy: dressing change</td>
<td>401</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>402</td>
</tr>
<tr>
<td>Tracheostomy: suctioning</td>
<td>402</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>403</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>406</td>
</tr>
<tr>
<td>Complications</td>
<td>406</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>406</td>
</tr>
<tr>
<td><strong>Complications</strong></td>
<td>406</td>
</tr>
<tr>
<td><strong>Cardiopulmonary resuscitation</strong></td>
<td>407</td>
</tr>
<tr>
<td>Definition</td>
<td>407</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>410</td>
</tr>
<tr>
<td>Related theory</td>
<td>410</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>411</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>414</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>415</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>425</td>
</tr>
<tr>
<td>Complications</td>
<td>426</td>
</tr>
<tr>
<td>References</td>
<td>428</td>
</tr>
<tr>
<td><strong>Part Three</strong></td>
<td>433</td>
</tr>
<tr>
<td><strong>Supporting the patient through the diagnostic process</strong></td>
<td>435</td>
</tr>
<tr>
<td><strong>10 Interpreting diagnostic tests</strong></td>
<td>436</td>
</tr>
<tr>
<td><strong>Overview</strong></td>
<td>436</td>
</tr>
<tr>
<td><strong>Diagnostic tests</strong></td>
<td>436</td>
</tr>
<tr>
<td>Definition</td>
<td>436</td>
</tr>
<tr>
<td>Related theory</td>
<td>437</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>437</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>438</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>440</td>
</tr>
<tr>
<td><strong>Blood: obtaining samples from a peripheral vein (venepuncture)</strong></td>
<td>440</td>
</tr>
<tr>
<td>Definition</td>
<td>440</td>
</tr>
<tr>
<td>Anatomy and physiology</td>
<td>441</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>442</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>442</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>443</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>450</td>
</tr>
<tr>
<td>Complications</td>
<td>450</td>
</tr>
<tr>
<td><strong>Blood tests</strong></td>
<td>451</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>451</td>
</tr>
<tr>
<td><strong>Blood cultures</strong></td>
<td>453</td>
</tr>
<tr>
<td>Definition</td>
<td>453</td>
</tr>
<tr>
<td>Related theory</td>
<td>453</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>453</td>
</tr>
<tr>
<td>Legal and professional issues</td>
<td>453</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>454</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>455</td>
</tr>
<tr>
<td><strong>Antimicrobial drug assay</strong></td>
<td>455</td>
</tr>
<tr>
<td>Definition</td>
<td>455</td>
</tr>
<tr>
<td>Related theory</td>
<td>456</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>456</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>457</td>
</tr>
</tbody>
</table>
Semen collection 457
Definition 457
Anatomy and physiology 457
Evidence-based approaches 458
Legal and professional issues 459
Pre-procedural considerations 460
Post-procedural considerations 460

Specimen collection: swab sampling 461
Definition 461
Related theory 461
Evidence-based approaches 461
Legal and professional issues 469
Pre-procedural considerations 470
Post-procedural considerations 470

Specimen collection: urine sampling 470
Definition 470
Related theory 470
Evidence-based approaches 470
Pre-procedural considerations 475
Post-procedural considerations 475

Specimen collection: faecal sampling 475
Definition 475
Related theory 475
Evidence-based approaches 477
Pre-procedural considerations 477
Post-procedural considerations 477

Specimen collection: respiratory tract secretion sampling 477
Definition 477
Related theory 477
Evidence-based approaches 477
Legal and professional issues 479
Pre-procedural considerations 479
Post-procedural considerations 479

Endoscopic investigations 480
Definition 480
Gastroscopy 480
Definition 480
Anatomy and physiology 480
Evidence-based approaches 480
Legal and professional issues 480
Pre-procedural considerations 481
Post-procedural considerations 481
Complications 481
Colonoscopy 481
Definition 481
Anatomy and physiology 481
Evidence-based approaches 482
Legal and professional issues 482
Pre-procedural considerations 483
Post-procedural considerations 483
Complications 483
Cystoscopy 483
Definition 483
Anatomy and physiology 483
Evidence-based approaches 484
Pre-procedural considerations 484
Post-procedural considerations 484
Complications 484
Liver biopsy 484
Definition 484
Anatomy and physiology 484
Evidence-based approaches 484
Pre-procedural considerations 485
Post-procedural considerations 485
Complications 486

Radiological investigations: X-ray 486
Definition 486
Evidence-based approaches 486
Legal and professional issues 486
Pre-procedural considerations 486

Magnetic resonance imaging 487
Definition 487
Evidence-based approaches 487
Pre-procedural considerations 487

Computed tomography 487
Definition 487
Evidence-based approaches 488
Pre-procedural considerations 488
Post-procedural considerations 489

Pulse (heart rate) 497
Definition 497
Anatomy and physiology 498
Evidence-based approaches 502
Pre-procedural considerations 504
Post-procedural considerations 504

Twelve-lead electrocardiogram (ECG) 504
Definition 504
Anatomy and physiology 504
Evidence-based approaches 505
Pre-procedural considerations 507
Post-procedural considerations 507

Blood pressure 511
Definition 511
Anatomy and physiology 511
Related theory 511
Evidence-based approaches 513
Pre-procedural considerations 515
Post-procedural considerations 518

Respiration and pulse oximetry 519
Definition 519
Anatomy and physiology 519
Related theory 522
Evidence-based approaches 523
Pre-procedural considerations 529
Post-procedural considerations 530
Complications 530

Peak flow 530
Definition 530
Anatomy and physiology 530
Related theory 531
Evidence-based approaches 531
Pre-procedural considerations 531
Post-procedural considerations 534

Temperature 535
Definition 535
Anatomy and physiology 535
Related theory 536
Evidence-based approaches 537


Part Four

Supporting the patient through treatment

Medicines management

Overview
Definitions
Evidence base for medicines management in practice
Legal and professional issues

Self-administration of medicines
Evidence-based approaches
Pre-procedural considerations
Post-procedural considerations

Controlled drugs
Definition
Legal and professional issues
Post-procedural considerations

Routes of administration
Oral administration
Definition
Related theory
Evidence-based approaches
Pre-procedural considerations
Topical administration
Definition
Related theory
Evidence-based approaches
Pre-procedural considerations
Complications
Transdermal administration
Definition
Related theory
Evidence-based approaches
Pre-procedural considerations
Complications
Rectal administration

Injections and infusions
Definitions
Anatomy and physiology
Evidence-based approaches
Pre-procedural considerations
Methods for injection or infusion
Intra-arterial
Intratracheal administration of medication
Intradermal injection
Definition
Evidence-based approaches
Pre-procedural considerations
Subcutaneous injection
Definition
Related theory
Evidence-based approaches
Pre-procedural considerations
Complications
Subcutaneous infusion
Definition
Evidence-based approaches
Pre-procedural considerations
Complications
Intramuscular injections
Definition
Evidence-based approaches
Pre-procedural considerations
Complications
Intravenous injections and infusions
Definition
Anatomy and physiology
Related theory
Evidence-based approaches
Legal and professional issues

References
### Perioperative care

**Overview**

- **Pre-operative care** 676
  - Definition 676
  - Related theory 676
  - Evidence-based approaches 676
  - Legal and professional issues 683
  - Patient information and education 684
    - Related theory 684
    - Evidence-based approaches 684
    - Legal and professional issues 684
  - Consent 685
    - Definition 685
    - Related theory 685
    - Evidence-based approaches 685
    - Legal and professional issues 685
  - Physical pre-operative preparation 685
    - Related theory 685
    - Evidence-based approaches 685
    - Legal and professional issues 685
  - Antiembolic stockings and prophylactic anticoagulation 686
    - Related theory 686
    - Evidence-based approaches 686
    - Pre-operative fasting 690
      - Definition 690
      - Related theory 690
      - Skin preparation 691
        - Definition 691
        - Related theory 692
      - Marking skin for surgery 692
        - Definition 692
        - Related theory 692
      - Pre-operative pregnancy testing 692
        - Related theory 692
        - Legal and professional issues 693
      - Prevention of toxic shock syndrome from tampon use 693
        - Related theory 693
      - Latex sensitivity and allergy 693
        - Related theory 693
        - Legal and professional issues 693
      - Pre-operative theatre checklist 694
  - Intraoperative care 700
    - Intraoperative care: anaesthesia 700
      - Related theory 700
      - Evidence-based approaches 700
      - Legal and professional issues 700
      - Pre-procedural considerations 700
    - Intraoperative care: theatre 703
      - Related theory 703
      - Evidence-based approaches 705
      - Legal and professional issues 706
      - Pre-procedural considerations 706
    - Intraoperative care: post-anaesthetic care unit (PACU) 713
      - Definition 713
      - Evidence-based approaches 713
      - Pre-procedural considerations 714
  - Complications 715
    - Post-procedural considerations 720
  - Post-operative care 720
    - Definition 720
    - Evidence-based approaches 721
    - Post-operative observations 721
    - Evidence-based approaches 721
    - Legal and professional issues 721
    - Haemodynamic instability 721
    - Related theory 721
    - Evidence-based approaches 722
    - Ineffective breathing pattern 722
    - Related theory 722
    - Evidence-based approaches 722
    - Fluid balance 722
    - Evidence-based approaches 722
    - Legal and professional issues 722
    - Surgical drains 724
      - Definition 724
      - Related theory 724
      - Evidence-based approaches 724
    - Surgical wounds 734
      - Definition 734
      - Related theory 734
      - Dressings for surgical wounds 734
      - Related theory 734
      - Surgical wound complications 736
        - Urinary output and catheters 736
        - Related theory 736
        - Evidence-based approaches 736
      - Bowel function 737
        - Related theory 737
        - Evidence-based approaches 737
      - Nutrition 737
        - Related theory 737
        - Evidence-based approaches 737
        - Legal and professional issues 737
      - Post-operative pain 738
        - Immobility 738
        - Related theory 738
        - Ongoing care on discharge 739
        - Related theory 739
        - References 741

### Wound management

**Overview**

- **Wounds** 746
  - Definition 746
  - Anatomy and physiology 746
    - Related theory 746
    - Evidence-based approaches 746
    - Pre-procedural considerations 752
    - Post-procedural considerations 757
  - Pressure ulcers 757
    - Definition 757
    - Anatomy and physiology 757
    - Evidence-based approaches 757
    - Pre-procedural considerations 763
  - Surgical wounds 765
    - Evidence-based approaches 765
    - Suturing 765
    - Evidence-based approaches 765
    - Legal and professional issues 767
    - Pre-procedural considerations 767
### XIV DETAILED TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Post-procedural considerations</td>
<td>771</td>
</tr>
<tr>
<td>Removal of sutures or clips</td>
<td>771</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>771</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>771</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>774</td>
</tr>
<tr>
<td>Plastic surgery</td>
<td>773</td>
</tr>
<tr>
<td>Definition</td>
<td>773</td>
</tr>
<tr>
<td>Related theory</td>
<td>773</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>773</td>
</tr>
<tr>
<td>Negative pressure wound therapy</td>
<td>774</td>
</tr>
<tr>
<td>Definition</td>
<td>774</td>
</tr>
<tr>
<td>Evidence-based approaches</td>
<td>774</td>
</tr>
<tr>
<td>Pre-procedural considerations</td>
<td>775</td>
</tr>
<tr>
<td>Post-procedural considerations</td>
<td>777</td>
</tr>
<tr>
<td>References</td>
<td>778</td>
</tr>
<tr>
<td>Appendix: The Code</td>
<td>00</td>
</tr>
<tr>
<td>Index</td>
<td>00</td>
</tr>
</tbody>
</table>